

by Sumalee

ALL DAY BREAKFAST

AVOCADO & TOMATO ON TOAST

HOMEMADE TOAST, AVOCADO MIX, CHILI, LIME, CHERRY TOMATO, SPROUTS, SUNFLOWER SEEDS

BANANA & PEANUT BUTTER ON TOAST

HOMEMADE WHOLEGRAIN TOAST, PEANUT BUTTER, BANANA, DRIZZLE MAPLE SYRUP, OMEGA SEED MIX

REVITALIZE PANCAKES -

BANANA, CHICKPEA FLOUR AND OAT PANCAKE MIX
TOPPED WITH FRESH SEASONAL FRUITS, MULBERRY & CHIA SEED JAM, PEANUT BUTTER, PUMPKIN SEEDS

THAI BLACK RICE BERRY PORRIDGE.

MANGO, BANANA, BLACK SESAME MILK, PUMPKIN SEEDS, CASHEW NUTS

BIRCHER OATS

OATS, CHIA SEEDS, APPLE, SUNFLOWER, PISTACHIO MILK, CRANBERRY, CASHEW, CINNAMON, LEMON

TROPICAL CHIA SEED PUDDING

COCONUT, MANGO, PINEAPPLE, PASSION FRUIT, LIME

TROPICAL FRUIT PLATTER

PLATE OF COLORFUL LOCAL FRUITS, OMEGA SEEDS, WOLFFIA GLOBOSA, CHIA SEED JAM

CLASSICS

MUAY THAI POWER BOWL

STEAMED SWEET POTATO, CHICKPEAS, GRILLED TOFU, CHERRY TOMATO, SPIRILIZED CARROT & BEETROOT, PICKLED GINGER, TAHINI SAUCE, BALSAMIC VINAIGRETTE, OMEGA SEEDS

BLACK RICEBERRY & MANGO WRAP

TOASTED TORTILLA WRAPS WITH RICEBERRY, MANGO, CHICKPEA, RED ONION, CHILI, TOMATO, CORIANDER, LIME, ALFALFA SPROUTS.

HOMEMADE VEGAN SMOKEY CHILI MAYONNAISE

CAPRESE PANINI

TOASTED PANINI WITH VEGAN MOZZARELLA, HERB PESTO, TOMATO, BALSAMIC DRESSING, FRESH SIDE SALAD. HOMEMADE VEGAN PESTO MAYONNAISE



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ICED SMOOTHIE BOWLS

GREEN PHUKET "COCO - NANA - LINA"

BANANA, COCONUT MEAT, PHUKET SPIRULINA, KALE, WOLFFIA GLOBOSA, PISTACHIO MILK

TOTALLY TROPICAL

PHUKET PINEAPPLE, MANGO, BANANA, PASSION FRUIT, LIME, COCONUT

RED DRAGON & WOLFFIA SUPER BOWL

BANANA, MANGO, RED DRAGON FRUIT, PISTACHIO MILK, WOLFFIA GLOBOSA

DESSERTS

CHOCOLATE BROWNIE

BLACK BEANS, OATS, COCONUT, ORANGE, CINNAMON

PEANUT BUTTER CHEESECAKE

COCONUT, RAISIN, BANANA

SELECTION OF SIGNATURE POWER BALLS (4 PIECES)

SPROUTED BROCCOLI / SPICED FRUIT & NUTS / PHUKET SPIRULINA / CHOCOLATE & BLACK

POWER BALLS

SPROUTED BROCCOLI SULFORAPHANE

SUNFLOWER, PUMPKIN SEED AND DATE 'POWER BALLS'

SPICED FRUIT & NUTS

INDIAN SPICED FRUIT, NUT AND SEED 'POWER BALLS'

PHUKET SPIRULINA

CACAO, SPIRULINA, CHIA SEED AND GOJI BERRY 'POWER BALLS'

CHOCOLATE & THAI BLACK GINGER

PEANUT BUTTER, CACAO AND 'KRA CHAI DUM 'POWER BALLS'

REVITALIZE

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COLD PRESSED JUICES

CLEANSE - 250ML

GREEN APPLE, CELERY, CUCUMBER, GUAVA

IMMUNITY - 250ML

CARROT, APPLE, PINEAPPLE, GINGER

ENERGIZE - 250ML

BEETROOT, APPLE, GINGER, CUCUMBER

REVITILIZE - 250ML

100% COLD PRESSED WATERMELON JUICE

FRESH SMOOTHIES

SIGNATURE CAFE GALORE - 350ML -

FROZEN BANANA, ESPRESSO SHOT, DATES, ALMOND MILK

VEGAN CHOCOLATE PROTEIN SHAKE - 350ML

BANANA, PEANUT BUTTER, CHICKPEA, CACAO, CINNAMON, DATE, ALMOND MILK

MANGO TANGO - 350ML

MANGO, ORANGE, COCONUT, LIME, TURMERIC

AVOCADO & WOLFFIA GLOBOSA - 350ML

FROZEN BANANA, AVOCADO, PISTACHIO MILK, WOLFFIA GLO



REVITALIZE

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COFFEE HOT OR ICED

ESPRESSO
EXTRA SHOT

AMERICANO
FLAT WHITE
CAPPUCINO
LATTE
VEGAN HOT CHOCOLATE
PLANT MILKS AVAILABLE: ALMOND-PISTACHIO-COCONUT-SOY

TEA <u>HOT OR ICED</u>

ENGLISH BREAKFAST TEA
EARL GREY TEA
PHUKET MULBERRY TEA
JASMINE GREEN TEA

